

Recreaplex Pool Schedule/Horaire de piscine

Must call to reserve your spot. Maximum 40 people per swim. **684-7600 EXT. 2**
Doit appeler pour réserver votre place. Maximum de 40 personnes par baignade.

Times:	Sunday/ Dimanche	Monday/ Lundi	Tuesday/ Mardi	Wednesday/ Mercredi	Thursday/ Jeudi	Friday/ Vendredi	Saturday/ Samedi
7:00am-8:00am		Early Bird (max. 8)	Early Bird (max. 8)	Early Bird (max. 8)	Early Bird (max. 8)	Early Bird (max. 8)	
8:45am-9:45am		Early Bird (max. 8)	Early Bird (max. 8)	Early Bird (max. 8)	Early Bird (max. 8)	Early Bird (max. 8)	Adult (9:00-10:00)
9:45am-10:45am		Aquacize (max. 20)	Aquacize (max. 20)	Aquacize (max. 20)	Aquacize (max. 20)	Aquacize (max. 20)	
11:00am-12:00pm	Public	Adult	Adult	Adult	Adult	Adult	Public
12:45pm-1:45pm	Public (12:30-1:30)	Adult	Adult	Adult	Adult	Adult	Public (12:30-1:30)
2:00pm-3:00pm	Public			Little Ones			Public
3:30pm-4:30pm	Rental						Rental
5:45pm-6:45pm	Nordik spa 6:00-8:45	Public	Public	Public	Public	Public	
7:00pm-8:00pm		Adult	Adult	Aquacize (max. 20)	Adult	Adult	

Gym Hours/Heures:

Monday-Friday/Lundi-Vendredi: 7am to/à 8:30pm

Saturday-Sunday/Samedi-Dimanche: 9am to/à 6:30pm

**Extended hours for members with a key or card starting at 4:00am.

**Heures étendues au gymnase avec carte ou clé commence à 4 h.

Group Cycling

Monday and Wednesday: 6:30-7:30pm

Lundi et Mercredi: 18h30-19h30