

Recreaplex Inc.
 Fall Schedule
 January 7, 2019 – June 21, 2019
Aquatic Center (Pool)

	Early-bird	Public Swim	Adult Swim	Laps (12+) *	Aquacise (12+)	Group Cycling (12+)
Sunday		1:00 pm – 3:00pm 5:30 pm -7:00 pm				
Monday	6:45 am - 8:00 am	<u>Toonie swim</u> 5:30pm-7:00pm	12:30pm-2:00pm 8:00 pm - 9:00 pm (16+)	7:00 pm – 8:00 pm	10:00 am -11:00 am *	6:30 pm -7:30 pm
Tuesday	6:45 am - 8:00 am	5:30 pm -7:00 pm	12:30 pm -2:00 pm 8:00 pm - 9:00 pm (16+)	4 :15 pm -5 :25 pm *	10:00am-11:00am 7:00 pm - 8:00 pm *	
Wednesday	6:45 am - 8:00 am	5:30 pm -7:00 pm	12:30 pm -2:00 pm	7:00 pm – 8:00 pm	Aquacise 10:00am-11:00am AQUA BABIES 11:00 – 12:00 AM	6:30 pm -7:30 pm
Thursday	6:45 am - 8:00 am	5:30 pm -7:00 pm	12:30 pm - 2:00 pm 8:00 pm -9:00 pm (16+)		10:00am-11:00am 7:00 pm - 8:00 pm *	
Friday	6:45 am - 8:00 am	<u>Little ones2:15pm-3:15pm</u> 5:30 pm -7:00 pm	12:30 pm -2:00 pm		10:00 am -11:00 am *	
Saturday		10:30 am -12:00pm 1:00 pm –3:00pm 5:30 pm -7:00pm	9:00 am – 10:00 am			

Fitness Center (Gym) **

Sunday	9:00 am -6:30 pm
Monday	7:30 am -8:30 pm
Tuesday	7:30 am -8:30 pm
Wednesday	7:30 am -8:30 pm
Thursday	7:30 am -8:30 pm
Friday	7:30am-6:30pm
Saturday	9:00 am -6:30 pm

**Extended hours for members with a key or card from 4:00am-10:00pm

Other services

Birthday Party
 Hall rental
 Locker rental
 Pool rental
 Swimming lessons
 Tanning
 10 & 20 passes (pool or gym)
 Private yoga classes

Admission:

Gym: \$7.00

Pool:

Adult (19yr+): \$6.50

Student (7-18yr): \$4.00

Senior (55+): \$5.00 (pool)

Family (max 4): \$14.00

Child (0-6yr with adult): N/C

*** (must be accompanied by a paying adult **in the water within arms reach**)

Aquacise and Group Cycling: \$7.00 for Adult...

Senior (55+) \$6.00

All prices include taxes

For daily schedule call: (506)684-7600 ext. 6

Schedule is subject to changes without notice

Recreaplex Inc.
Horaire d'automne
Janvier 2019 – Juin 2019



Centre Aquatique (piscine)

	Nage lève têt	Natation Publique	Natation Adulte	Longueur (12+) *	Aquaforme (12+*)	Vélo Stationnaire (12+)
Dimanche		13 h - 15 h 17 h 30 - 19 h				
Lundi	6 h 45 – 8 h	<u>Nage à 2.00\$</u> <u>17 h 30 – 19h</u>	12 h 30 – 14 h 20 h – 21 h (16+)	19 h – 20 h	10 h – 11 h *	18 h 30 – 19 h 30
Mardi	6 h 45 – 8 h	17 h 30 - 19 h	12 h 30 – 14 h 20 h – 21 h (16+)	16 h 15 – 17 h 25 *	10 h – 11 h 19 h – 20 h *	
Mercredi	6 h 45 – 8 h	17 h 30 - 19 h	12 h 30 – 14 h	6 h 45 – 8 h * 19 h - 20 h	Aquaforme 10 h - 11 h* AQUA BÉBÉS 11 H – 12 H	18 h 30 – 19 h 30
Jeudi	6 h 45 – 8 h	17 h 30 - 19 h	12 h 30 – 14 h 20 h – 21 h (16+)		10 h – 11 h 19 h – 20 h *	
Vendredi	6 h 45 – 8 h	<u>Nage tout</u> <u>petits 2 h 15</u> <u>-3 h 15</u> 17 h 30 - 19 h	12 h 30 – 14 h		10 h - 11 h *	
Samedi		10 h 30 - 12h 13 h - 15 h 17 h 30 – 19 h	9 h – 10 h			

**Centre de conditionnement physique
(Gym)**

Dimanche	9 h 00-18 h 30
Lundi	7 h 30-20 h 30
Mardi	7 h 30-20 h 30
Mercredi	7 h 30-20 h 30
Jeudi	7 h 30-20 h 30
Vendredi	7 h 30 -18 h 00
Samedi	9 h 00 – 18 h 30

**Heures étendues au gymnase avec carte
ou clé de 4 h 00 - 20 h 00

Autres services

Bronzage
Leçon de natation
Fête d'enfant
Laissez passer (10 et 20)
Location de casiers
Location de piscine
Location de salle
Cour de yoga offert privé

Frais :

Centre de conditionnement physique :
7,00\$

Piscine :

Adulte (19 ans +) : 6,50\$
Etudiant (7-18ans) : 4,00\$
Ainé-e (55+) : 5\$ (Piscine)
Famille (max 4) : 14,00\$

Enfant (0-6ans avec adulte) :

* gratuit (doit être accompagné d'un(e) adulte **dans la piscine à portée de la main**)

Aquaforme et Vélo stationnaire : 7,00\$:

Adulte

6,00\$:55+

Taxe comprise.

Pour l'horaire de la journée : (506)684-7600 Poste 6

L'horaire peut changer sans pré-avis