

Recreaplex Inc
Christmas Schedule
December 22, 2018 to January 6, 2019



POOL
December 22, 2018
9:00 am – 10:00 am adult 16+
10:30 am - 12:00 pm public
1:00 pm - 3:00 pm public
5:30 pm - 7:00 pm public

December 23, 2018
Free anniversary swim
11:00 am – 12:00 pm
1:00 pm - 3:00 pm public
5:30 pm - 7:00 pm public

December 24, 2018
6:45 am / 8:00 am early bird
10:00 am - 11:00 am aquacise
Close at noon

December 25, 2017
Closed

December 26, 2018
Opens at noon
12:30 pm - 2:00 pm adult 16+
2:30 pm - 4:00 pm public
5:30 pm - 7:00 pm public
7:00 pm – 8:00 pm laps

December 27, 2018
6:45 am – 8:00 am early-bird
10:00 am - 11:00 am aquacise
12:30 pm - 2:00 pm adult 16+
2:30 pm – 4:00 pm public
5:30 pm – 7:00 pm public
7:00 pm – 8:00 pm Aquacise
8:00 pm – 9:00 pm Adult 16+

December 28, 2018
6:45 am – 8:00 am early-bird
10:00 am - 11:00 am aquacise
12:30 pm – 2:00 pm adult 16+
2:30 pm – 4:00 pm public
5:30 pm – 7:00 pm public

December 29, 2018
9:00 am – 10:00am adult swim 16+
10:30 am-12:00 pm public
1:00 pm -3:00 pm public
5:30 pm -7:00 pm public

December 30, 2018
10:30 am -12:00 pm public

1:00 pm -3:00 pm public
5:30 pm – 7:00 pm public

December 31, 2018
6:45am - 8:00 am early bird
10:00 am -11:00 am aquacize
12:30 pm -2:00 pm adult 16+
2:30 pm -4:00 pm public
Closed at 4:00 pm

January 1, 2019
*****Closed all day**

January 2, 2019
6:45 am – 8:00 am early-bird
10:00 am -11:00 am aquacize
12:30 pm -2:00 pm adult 16+
2:30 pm – 4:00 pm public
5:30 pm – 7:00 pm public
7:00 pm – 8:00 pm laps

January 3, 2019
6:45 am - 8:00 am early bird
10:00 am-11:00 am Aquacize
12:30 pm -2:00 pm adult 16+
2:30 pm - 4:00 pm public
5:30 pm -7:00 pm public
7:00 pm – 8:00 pm Aquacise
8:00 pm – 9:00 pm adult 16+

January 4, 2019
6:45 am – 8:00 am early-bird
10:00 am – 11:00 am Aquacise 12:30 pm
– 2:00 pm adult 16+
2:30 pm – 4:00 pm public
5:30 pm – 7:00 pm public

January 5, 2019
9:00 am - 10:00 am adult 16+
10:30 am-12:00 pm public
1:00 pm -3:00 pm public
5:30 pm -7:00 pm public

January 6, 2019
10:30 am-12:00 pm public
1:00 pm -3:00 pm public
5:30 pm -7:00 pm public
GYM
December 22 & 23, 2018
9:00 am –6:30 pm

December 24, 2018
9:00 am-12:00 noon

December 25, 2018
*****Closed all day**

December 26, 2018
Open 12:00 pm – 8:30 pm

Dec. 27, 2018
7:30 am – 8:30 pm

December 28, 2018
7:30 am – 6:30 pm

December 29 & 30, 2018
9:00 am – 6:30 pm

December 31, 2018
7:30 am – 4:00 pm

January 1, 2019
*****Closed all day**

January 2 & 3 2019
7:30 am – 8:30 pm

January 4, 2019
7:30 am – 6:30 pm

January 5 & 6 2019
9:00 am – 6:30 pm

GROUP CYCLING
Regular classes resume on
January 2, 2019
@ 6:30 pm

Recreaplex Inc
Horaire de Noël
 Du 22 décembre, 2018 au 6 janvier, 2019

**PISCINE****Le 22 déc. 2018**

9 h – 10 h nage adulte 16+
 10 h 30- 12 h publique
 13 h - 15 h publique
 17 h 30 -19 h publique

Le 23 déc. 2018**Nage anniversaire gratuite****11 h – 12 h**

13 h - 15 h publique
 17 h 30 - 19 h publique

Le 24 déc. 2018

6 h 45 – 8 h nage lève tôt
 10 h – 11 h aqua forme
 ***Fermé à 12 h (midi)

Le 25 déc. 2018

***fermé

Le 26 déc. 2018

***ouvert à 12 h

12 h 30 – 14 h adulte
 14 h 30 - 16 h publique
 17 h 30 – 19 h publique
 19 h – 20 h longueur

Le 27 déc. 2018

6 h 45 - 8 h lève-tôt
 10 h – 11 h aqua forme
 12 h 30 – 14 h adulte 16+
 14 h 30 – 16 h publique
 17 h 30 – 19 h publique
 19 h – 20 h aqua forme
 20 h – 21 h adulte 16+

Le 28 déc. 2018

6 h 45 – 8 h lève-tôt
 10 h - 11 h aquaforme
 12 h 30 – 14 h adulte 16+
 14 h 30 – 16 h publique
 17 h 30 -19 h publique
 20 h – 21 h adulte 16+

Le 29, déc. 2018

9 h – 10 h nage adulte 16+
 10 h 30 – 12 h nage publique
 13 h – 15 h nage publique
 17 h 30 – 19 h nage publique

PISCINE**Le 30 déc. 2018**

10 h 30 - 12 h publique
 13 h -15 h publique
 17 h 30 -19 h publique

Le 31 déc. 2018

6 h 45 - 8 h lève-tôt
 10 h – 11 h aqua forme
 12 h 30 -14 h publique
 14 h 30 – 16 h publique
 ***fermé à 16h

Le 1 jan. 2019

***fermé

Le 2, jan. 2019

6 h 45 – 8 h lève-tôt
 10 h – 11 h aqua forme
 12 h 30 – 14 h adulte 16+
 14 h 30 – 16 h publique
 17 h 30 -19 h publique
 19 h – 20 h longueur 16+

Le 3, jan. 2019

6 h 45 - 8 h lève-tôt
 10 h – 11 h aqua forme
 12 h 30 – 14 h adulte 16+
 14 h 30 – 16 h publique
 17 h 30 – 19 h publique
 19 h – 20 h aquaforme
 20 h - 21 h adulte 16+

Le 4 jan 2019

6 h 45 – 8 h lève-tôt
 10 h – 11 h aqua forme
 12 h 30 – 14 h adulte 16+
 14 h 30 – 16 h publique
 17 h 30 -19 h publique

Le 5 jan 2019

9 h – 10 h nage adulte 16+
 10 h 30 -12 h publique
 13 h -15 h publique
 17 h 30 -19 h publique

Le 6 jan 2019

10 h 30 -12 h publique
 13 h -15 h publique
 17 h 30 -19 h publique

**CENTRE DE
 CONDITIONNEMENT
 PHYSIQUE**

Le 22 & 23 déc. 2018

9 h – 18 h 30

Le 24 déc. 2018

9 h – 12 h

Le 25 déc. 2018

***fermé

Le 26 déc. 2018

Ouvert À 12 h – 20 h 30

Le 27 déc.

7 h 30 – 20 h 30

Le 28 déc. 2018

7 h 30 – 18 h 30

Le 29 & 30 déc.-18

9 h -- 18 h 30

Le 31 déc. 2018

7 h 30 – 16 h

Fermé à 16 h**Le 1 jan. 2019**

***Fermé

Le 2 & 3 janvier

7 h 30 – 21 h 30

Le 4 jan. 2019

7 h 30 - 18 h 30

Le 5 & 6 janvier

9 h – 18 h 30

VELO STATIONNAIRE

Horaire régulier à partir du
 2 janvier, 2019 @ 18 h