

# Recreaplex Schedule

Maximum 75 people per swim. 684-7353

Maximum de 75 personnes par baignade.

Pool Times:	Sunday/ Dimanche	Monday/ Lundi	Tuesday/ Mardi	Wednesday/ Mercredi	Thursday/ Jeudi	Friday/ Vendredi	Saturday/ Samedi
8:30am-9:45am		Early Bird	Early Bird	Early Bird	Early Bird	Early Bird	Adult Swim (9:00-10:00)
9:45am-10:45am		Aquacize (Max. 20)		Aquacize (Max. 20)		Aquacize (Max. 20)	
11:00am-12:00pm	Public Swim	Tot's Swim (6YRS & UNDER) (Max. 25)	Rental (Max.25)	Tot's Swim (6YRS & UNDER) (Max. 25)	Rental (Max.25)	Tot's Swim (6YRS & UNDER) (Max.25)	Public Swim
12:45pm-2:00pm	Rental (12:30-1:30)	Adult Swim	Adult Swim	Adult Swim	Adult Swim	Adult Swim	Rental (12:30-1:30)
2:00pm-3:00pm	Public Swim						Public Swim
3:30pm-4:30pm	Public Swim						Public Swim
5 :45pm-6:45pm	Rental (4:30-5:30)	Public Swim	Public Swim	Public Swim	Public Swim	Public Swim	Rental (4:30-5:30)
6:30pm-7:30pm	<b>STIX</b> 5:45-6:45	<b>SPIN</b>	<b>STIX</b>	<b>SPIN</b>			
7:00pm-8:00pm	<b>NORDIK SPA</b> 5:45 – 8:30	Adult Swim	Adult Swim	Adult Swim	Adult Swim	Adult Swim	



## Gym Hours/Heures:

Monday-Friday/Lundi-Vendredi: 8am to/à 8pm

Saturday-Sunday/Samedi-Dimanche: 9am to/à 6pm

\*\*Extended hours for members with a key or card starting at 4:00am to 10:00pm

\*\*Heures étendues au gymnase avec carte ou clé commence à 4 h à 22h00